



## SUPERMASTER KIM MARTIAL ARTS ACADEMY 2022 SUMMER CLASS SCHEDULE

**Personal Training/Private Lessons** available in Taekwondo/Judo for adults and kids.

For more information, contact us at **770-888-2188 / [supermasterkim@gmail.com](mailto:supermasterkim@gmail.com)**

**ONLINE CLASS AVAILABLE. JOIN ONLINE AT: <https://zoom.us/j/7708882188>**

	Monday	Tuesday	Wednesday	Thursday	Friday
4:20 – 4:50	TAEKWONDO Tiny Tigers (Ages 3 – 6)	JUDO (All Kids) 4:10 – 4:50	TAEKWONDO Tiny Tigers (Ages 3 – 6)	JUDO (All Kids) 4:10 – 4:50	TAEKWONDO SPARRING (Ages 3 – 6)
5:00 – 5:40	TAEKWONDO Beginners (White – Orange)	TAEKWONDO (All Belts & Ages)	TAEKWONDO Beginners (White – Orange)	TAEKWONDO (All Belts & Ages)	TAEKWONDO SPARRING (Ages 7 – 9)
5:45 – 6:25	TAEKWONDO Intermediate (Green – Purple)	TAEKWONDO (Family Class)	TAEKWONDO Intermediate (Green – Purple)	TAEKWONDO (Family Class)	TAEKWONDO SPARRING (Ages 10 – 12)
6:30 – 7:10	TAEKWONDO Advanced (Brown – Black/White)	TAEKWONDO (Black Belt)	TAEKWONDO Advanced (Brown – Black/White)	TAEKWONDO (Black Belt)	TAEKWONDO SPARRING (Ages 13 – Up)
7:15 – 8:00	TAEKWONDO (Teens & Adults)	JUDO (Teens & Adults)	TAEKWONDO (Teens & Adults)	JUDO (Teens & Adults)	PERFORMANCE TRAINING 7:30 – 8:30 4 weeks sessions in July (Stamina, Endurance, Muscle, Weight Loss)
8:00 – 8:40	PERSONAL TRAINING	PERSONAL TRAINING	PERSONAL TRAINING	PERSONAL TRAINING	

We follow the **FORSYTH COUNTY SCHOOLS** calendar regarding holidays.  
Classes are **cancelled** on belt testing days.

**[www.supermasterkim.com](http://www.supermasterkim.com)**